



**HOSPITAL FOR  
SPECIAL SURGERY**



**RUGBY RESEARCH  
& INJURY PREVENTION GROUP, INC.**

# RISE Rugby North American Injury Study

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## WHY ARE WE CONDUCTING THIS STUDY?

The Rugby Research and Injury Prevention Group, Inc. (RRIPG), est. 2010, an affiliate of Hospital for Special Surgery, a U.S. Olympic National Medical Center, would like to investigate the rates and mechanisms of injuries in U.S. Rugby. This study may help us understand how rugby injuries happen and help develop player welfare and safety protocols.

This research study involves a new injury surveillance tool that is being evaluated for global-use and will allow comparison of U.S. rugby injury data with international player injury data. It will improve the way that rugby-specific data is collected in terms of injuries in the sport.

## WHAT WILL YOUR PARTICIPATION INVOLVE?

If you are injured while playing or training at any of the events we attend, you will be examined by the tournament-sanctioned medical staff and we will then ask you questions with a study-trained personnel. We will collect your injury data.

Your participation will then include follow-up calls or emails post tournament at 1-, 3- and 6-months and beyond if necessary to define your absence or time-lost from play or team training.

Question sessions will last a total of 3-5 minutes.

No player or staffer will be compensated for their involvement. All injured players involved will be responsible for medical care involved with transport and post-tournament.



**By participating in this study you will receive prompt clinical care at the events and your data may help future and current players involved in the sport of U.S. rugby.**

**HOSPITAL FOR SPECIAL SURGERY**

**For More Information**

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Hospital For Special Surgery  
Institutional Review Board

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DEC 21 '17 Improve American Rugby Player's Welfare and Safety Through Innovative Evidence-Based Research

APPROVAL

